

## COMMUNITY RESOURCE GUIDE – GLENDALE

### 211 LA COUNTY INFOLINE

Website: [www.211la.org](http://www.211la.org)

Services: Dial 2-1-1 from any area code for free 24-hr multilingual information and referrals to human services.

Referrals: domestic violence, emergency shelters, health services, childcare, substance abuse, counseling, family planning, consumer issues, welfare, food, legal, youth programs, senior services, transportation, mental health, etc...

Contact: TTY/TTD: (800) 660-4026

Hours: Office Mon-Fri 8:00am - 5:00pm

Languages: Spanish and 140 other languages during regular business hours.

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### NATIONAL CRISIS TALK HOTLINE

Contact: (800) 273-8255

### NATIONAL SUICIDE HOTLINE

Contact: (800) 784-2433

### PSYCHIATRIC EVALUATION TEAM

Contact: (800) 854-7771

### CUTTING, DEPRESSION, LONELINESS

Contact: (800) 422-4673

### NATIONAL DOMESTIC VIOLENCE HOTLINE

Contact: (800) 799-7233

### USA NATIONAL CHILD ABUSE HOTLINE

Contact: (800) 422-4453

### NATIONAL RUNAWAY SAFE LINE

Contact: (800) 786-2929

### NATIONAL EATING DISORDERS ASSOCIATION

Contact: (800) 931-2237

### GLBT NATIONAL YOUTH TALK

Contact: (800) 246-7743

### PLANNED PARENTHOOD

Contact: (800) 230-7526

### DRUG REHAB HOTLINE

Contact: (855) 520 - 2898

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### OFFICE OF INSPECTOR GENERAL

Website: [www.oig.hhs.gov](http://www.oig.hhs.gov)

Services: Can intervene in child support cases where the paying parent lives in a state other than where the child lives and refuses to pay over 1 year, amount owing is more than \$5,000 or if the paying parent moves to avoid paying.

Contact: (818) 543-1172

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### LA COUNTY CHILD SUPPORT SERVICES DEPARTMENT

Website: [www.childsup.ca.gov](http://www.childsup.ca.gov)

Services: Establish and enforce orders when a child receives public assistance or when a parent or legal caretaker requests services.

Contact: (866) 901-3212

Hours: Mon– Fri 7:30am – 5:00pm

Location: 600 S. Commonwealth Ave, Los Angeles CA 90005

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### ADULT PROTECTIVE SERVICES

Website: [www.cds.ca.gov/Adult-Protective-Services](http://www.cds.ca.gov/Adult-Protective-Services)

Services: Investigates all reports that have been made due to victim being endangered by physical, sexual or financial abuse, isolation, neglect, or self neglect. Serve ages 65 and older and dependent adults 18-64 years of age.

Contact: (888) 202-4248

Languages: English & Spanish

Cost: \$0

Hours: Mon-Fri 8:00am.- 5:00pm

Location: 3333 Wilshire Blvd. #400 Los Angeles, CA 90010

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### LA COUNTY DOMESTIC VIOLENCE COUNCIL

Website: [da.co.la.ca.us/victims](http://da.co.la.ca.us/victims)

Services: Domestic Violence referral services (outreach, parenting, transitional housing, counseling, batterer's treatment, VAWA, etc.) Offer community workshops and training referrals.

Contact: (800) 978-3600

Cost: \$0

Hours: 24 Hour Hotline

Hotline: (800) 799-7233

Location: 500 W. Temple St. Room B-50 Los Angeles, CA 90012

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## COMMUNITY RESOURCE GUIDE – GLENDALE

### INTERFAITH FOOD PANTRY

Services: Distributes food to families in need at no cost.

Contact: (818) 760-3575

Hours: Mon-Fri 9:00am - 1:00pm

Location: 4387 Troost Ave. Los Angeles CA 91604

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### ELDER ABUSE UNIT

Website: [da.co.la.ca.us/seniors](http://da.co.la.ca.us/seniors)

Services: If you or anyone you know are a witness of domestic violence, call and report adult abuse (including disabled adults).

Contact: (877) 477-3646

Hotline: (888) 202-4248

Cost: \$0

Hours: 24 Hour Hotline

Location: 600 E. Broadway Room 280 Glendale, CA 91206

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### YWCA– GLENDALE

Website: [www.glendaleywca.org](http://www.glendaleywca.org)

Services: Provide emergency shelter, domestic violence education, individual counseling, legal advocacy, and support groups.

Contact: (818) 242-4155

Hotline: (888) 999-7311

Cost: \$0

Hours: Mon-Fri 9:00am- 5:00pm

Location: 735 E. Lexington Dr. Glendale, CA 91206

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### FOOTHILL EMPLOYMENT & TRAINING CONNECTION

Website: [www.fwibworks.org](http://www.fwibworks.org)

Services: Free training or job placements services.

Contact: (626) 796-5627

Hours: Mon-Fri 8:00am - 5:00pm

Location: 1207 E. Green St. Pasadena, CA 91106

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### **GLENDALE YOUTH ALLIANCE**

Website: <https://www.glendaleyouthalliance.com/>

Services: Provides jobs and employment preparedness training for low-income youth ages 14-24.

Contact: (818) 937-8052

Hours: Mon-Fri 8:00am - 5:00pm

Location: 1255 South Central Avenue Glendale, CA 91204

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### **VERDUGO JOBS CENTER**

Website: [www.verdugojobscenter.org](http://www.verdugojobscenter.org)

Services: Free training or job placement services. Unemployment insurance Benefits.

Contact: (818) 409-0476

Hours: Mon-Fri 8:00am - 5:00pm

Location: 1255 South Central Avenue Glendale, CA 91204

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### **HART EMPLOYMENT SERVICES**

Website: [www.hartjobs.com](http://www.hartjobs.com)

Services: Specializes in quality staffing assistance for direct placement, contract, temporary-to hire, pre-employment testing and payroll services.

Contact: (626) 405-0778

Languages: English

Hours: Mon-Fri 8:00am - 5:00pm Sat & Sun Closed

Location: 220 S. Kenwood Street #320 Glendale, CA 91205

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### **CATHOLIC CHARITIES COMMUNITY SERVICES**

Website: [www.catholiccharitiesla.org](http://www.catholiccharitiesla.org)

Services: Provide emergency food, clothing, emergency assistance & case management, at-risk youth services, immigration and citizenship services. Refugee resettlement program. Food pantry.

Contact: (818) 409-3080

Language: Spanish, Armenian, Farsi, French

Hours: Mon, Tue, Fri 10:00am - 3:00pm

Cost: \$0

Location: 4322 San Fernando Rd. Glendale, CA, 91204

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## COMMUNITY RESOURCE GUIDE – GLENDALE

### LA REGIONAL FOOD BANK

Website: [www.lafoodbank.org](http://www.lafoodbank.org)

Services: If you or your family face difficulties putting food on the table, this facility could help by providing you with free food at no cost. They have a monthly giving program and offer children/ senior nutrition programs.

Cost: \$0

Contact: (323) 234-3030

Hours: Mon-Fri 8:00am - 5:00pm

Location: 1734 E. 41st St. Los Angeles, CA 90058

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### SALVATION ARMY

Website: [www.salvationarmyusa.org](http://www.salvationarmyusa.org)

Services: Serves 60 million meals to anyone in need through its many soup kitchens, sit-down meal programs, food pantries, mobile meals, and community gardens.

Contact: (818) 246-5586

Hours: Mon-Fri for food ONLY 9:00am - 12:00pm & 1:30pm-4:30pm CLOSED WEDNESDAY

Location: 320 W. Windsor Ave. Glendale, CA 91204

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### WORLD HARVEST FOOD BANK

Website: [www.worldharvestla.org](http://www.worldharvestla.org)

Services: If you find yourself in a difficult situation by not having sufficient food, WHFB can help by providing 150lbs worth of food for only \$30 after a brief registration process. If you are not able to pay this amount, you may volunteer in exchange for food. Volunteering only requires 4 hours of your time in one day.

Contact: (213) 746-2227

Cost: \$30

Hours: Mon-Fri 8:00am - 6:00pm Saturday 8:00am- 3:00pm

Languages: English & Spanish

Location: 3200 South Grand Ave. Los Angeles, CA 90005

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### COMPASSIONATE FRIENDS

Website: [www.tcf-verdugo.org](http://www.tcf-verdugo.org)

Services: Mutual support groups involving death of a child. For bereaved parents, siblings, grandparents. Groups for miscarriage and infant death.

Contact: (818) 236-3635

Hours: 4th Thursday of each month, or 3rd Thursday of November and December, 7:30pm – 9:30pm

Cost: No charge

Location: Verdugo Hills Hospital 1812 Verdugo Blvd. Glendale, CA 91208

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## COMMUNITY RESOURCE GUIDE – GLENDALE

### **GLENDALE ADVENTIST**

Website: [www.adventisthealth.org](http://www.adventisthealth.org)

Services: Grief support groups for widow, widowers, survivors of suicide. Groups are offered during the day and evening. Individual counseling available by request.

Contact: (818) 409-8008

Hours: Mon 6:00pm-7:30pm Tues 11:00am-12:30pm (Call first to verify meeting times)

Cost: Annual fee of \$30

Location: 1509 Wilson Terrace Glendale, CA 91206

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### **LION'S HEALTH INSURANCE SERVICES**

Website: [www.lionsinsurance.com/health-insurance.php](http://www.lionsinsurance.com/health-insurance.php)

Services: Provides assistance with health insurance enrollments, offering life, health, and disability insurance, including Medicare. Lions Insurance also assists with college planning and retirement planning.

Contact: (818) 265-0777

Hours: Mon-Fri 9:00am-5:30pm

Location: 500 N Brand Blvd., Suite 1930 Glendale, CA 91203

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### **I.M.C.E.S. - INSTITUTE FOR MULTICULTURAL COUNSELING & EDUCATION SERVICES**

Website: [www.imces.org](http://www.imces.org)

Services: Educating clients about their legal rights, preparing for court, advising, informing and assisting with family law cases including, but not limited to dissolution of marriage, legal separation, common law marriage, allocation of parental responsibility, and protection orders.

Contact: (818) 240-4311

Language: English, Spanish, Armenian, Farsi, Russian, Hebrew, Tagalog, Romanian

Cost: \$0-30 for individuals with Cal-Works

Hours: Mon-Fri 9:00am-5:00pm

Location: 121 W. Lexington Drive, Suite 300 Glendale, CA 91203

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### **NEIGHBORHOOD LEGAL SERVICES**

Website: [www.catholiccharitiesla.org](http://www.catholiccharitiesla.org)

Services: Emergency assistance, case management, immigration and citizenship services, & youth services

Contact: (800) 433-6251

Cost: Free for individuals with low income and living in Los Angeles County

Hours: Mon-Fri 9:00am-12:00pm, 1:00pm– 5:00pm

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## COMMUNITY RESOURCE GUIDE – GLENDALE

### ARK FAMILY CENTER

Website: [www.arkfamilycenter.org](http://www.arkfamilycenter.org)

Services: Appointment required. Provide divorce, paternity, restraining orders, custody or visitation orders. Help battered immigrant women wishing to petition.

Services: Therapy / Counseling services for youth, adults, and professionals

Contact: (818) 662-7045

Cost: Costs vary by class

Location: 135 S. Jackson St. Suite 102 Glendale, CA 91205

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### SALVADORAN AMERICAN LEADER-SHIP AND EDUCATIONAL FUND

Website: <https://www.salef.org/>

Services: A non-profit organization that is dedicated to helping minority communities fight for their rights against deportation, while also helping students in need of obtaining a higher education. SALEF is committed to providing a variety of services to the community including citizenship exam, preparation classes, scholarships for local youth, and summer program for individuals between the ages of 15-24 years of age.

Contact: (213) 480-1052

Hours: Mon-Fri 9:00am-5:00pm

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### ARMENIAN RELIEF SOCIETY

Website: [www.arswestusa.org](http://www.arswestusa.org)

Services: Referrals, translations, interpretation, transportation; employment services; English as a second language classes; Case management; Counseling services.

Contact: (818) 241-7533

Cost: \$0

Hours: Mon-Fri 8:00a.m. - 5:00p.m.

Location: 517 W. Glenoaks Blvd. Glendale, CA 91202

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### DIDI HIRSCH MENTAL HEALTH SERVICES

Website: [www.didihirsch.org](http://www.didihirsch.org)

Services: 24 hour suicide crisis line, counseling for families that find themselves in emotional trouble.

Suicide Prevention (800) 273-8255 Crisis Line:

Contact: (818) 244-7257

Cost: Accept Medi-Cal and Medicare Sliding Scale Fees do apply for those who do not have Medi-Cal/Medicare

Hours: Mon-Fri 9:00a.m. - 4:00p.m.

Location: 1540 E. Colorado Blvd. Glendale, CA 91205

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## COMMUNITY RESOURCE GUIDE – GLENDALE

### FULLER PSYCHOLOGICAL FAMILY SERVICES

Website: [www.fuller.edu/fuller-psychological-and-family-services](http://www.fuller.edu/fuller-psychological-and-family-services)

Services: Honoring mind, body and spirit by offering individual therapy, group therapy, child/adolescent therapy, family/couples therapy.

Contact: English (626) 584-5555 Spanish (626) 304-3754

Cost: \$45-\$150

Hours: Mon-Thurs 8:00am - 9:00pm Friday 8:00am - 5:00pm

Location: 180 N. Oakland Ave. Pasadena, CA 91101

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### PACIFIC CLINICS

Website: [www.pacificclinics.org](http://www.pacificclinics.org)

Services: Provides innovative leadership in our communities, offering treatment, prevention and early intervention, program development and evaluation, research, training, and public education and advocacy, frequently in partnership with other social services organizations.

Contact: (818) 547-9544

Cost: Accepts Medi-Cal

Hours: Mon-Fri 9:00am-5:00pm

Location: 237 N. Central Ave Glendale, CA 91203

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### PASADENA MENTAL HEALTH

Website: [www.pmhcenter.org](http://www.pmhcenter.org)

Services: Parent education classes, group counseling, court order clients accepted.

Contact: (626) 798-0907

Languages: English & Spanish

Cost: \$20 and up Sliding Scale Fees do apply

Hours: Mon– Thurs: 8:00am-9:00pm Fri: 10:00am-6:00pm Sat: 10:00am– 5:00pm Sun: Closed

Location: 1495 N. Lake St. Pasadena, CA 91104

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### I.M.C.E.S.—INSTITUTE FOR MULTICULTURAL COUNSELING & EDUCATION SERVICES

Website: [www.imces.org](http://www.imces.org)

Services: Offer domestic violence, anger management and parenting classes.

Contact: (818) 240-4311

Cost: \$20 per class

Hours: Class times vary

Languages: English, Spanish, Armenian, Farsi, Russian, Hebrew, Tagalog

Location: 121 W Lexington Dr., Suite 300 Glendale, CA 91203

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## COMMUNITY RESOURCE GUIDE – GLENDALE

### CLUB PILATES– GLENDALE

Website: [www.clubpilates.com/glendale](http://www.clubpilates.com/glendale)

Services: Offers many classes to help strengthen your spine and abdominal core. Teaching levels from beginners to experts. Pilates will help you with better posture, balance, flexibility, and strength.

Contact: (818) 724-9977

Cost: Depends on membership packet

Hours: Mon– Thurs 7:30am– 8:00pm

Fri & Sat 7:30am– 1:00pm

Sunday 8:00am– 1:00pm

Location: 1354 E. Colorado St. Glendale, CA 91205

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### PACIFIC COMMUNITY POOL

Website: [www.glendaleca.gov](http://www.glendaleca.gov)

Services: Offer swimming lessons, water polo teams, wading pools, swim team, life guarding academy

Contact: (818) 937-7433

Cost: All prices vary, depending on age range. Entry fee– Less than \$3

Unlimited Entry Pass: Less than \$75

15 Session pass: Less than \$36

Hours: May 30th– September 25, 2016

Location: 509 S. Pacific Ave. Glendale, CA 91204

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### WE ROCK THE SPECTRUM

Website: [www.werockthespectrumglendale.com](http://www.werockthespectrumglendale.com)

Services: Include Open Play for infants and up. Parent must attend at all times.

Contact: (818) 945-5444

Cost: \$12 per child, All day pass \$20

Hours: Mon– Sat: 9:00am– 7:00pm

Sun: 11:00am– 7:00pm

Location: 413 S. Central Ave, Unit E. Glendale, CA 91204

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### WORLD GYM

Website: [www.worldgym.com](http://www.worldgym.com)

Services: Membership includes free classes like Zumba, Step, Boot Camp, and Yoga. Includes efficient equipment to exercise and improve strength.

Contact: (818) 243-1600

Cost: \$10 per month

Hours: Mon– Thurs: 5:00am– 12:00am

Sat & Sun: 7:00am– 8:00pm

Location: 1001 E. Colorado St. Glendale, CA 91205

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## COMMUNITY RESOURCE GUIDE – GLENDALE

### YMCA – GLENDALE

Website: [www.glenymca.org](http://www.glenymca.org)

Services: Fitness classes, dancing classes for all ages, camping, sports, personal exercise

Contact: (818) 240-4130

Cost: Depends on membership packet

Hours: Mon– Fri 5:45am– 10:00pm

Sat 6:30am– 5:00pm Sun 1:00pm– 5:00pm

Location: 140 N Louise St. Glendale, CA 91206

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### YMCA OF THE FOOTHILLS

Website: [www.ymcafoothills.org](http://www.ymcafoothills.org)

Services: Fitness classes, dancing classes for all ages, camping, sports, personal exercise.

Contact: (818) 790-0123

Cost: Depends on membership packet

Hours: Mon - Fri 5:00am-10:00pm Sat 5:00am-7:00pm Sun 10:00am-6:00pm

Location: 1930 Foothill Blvd La Cañada Flintridge, CA 91011

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### ALA-NON FAMILY

Contact: (818) 760-7122

Friends and families of problem drinkers find understanding and support at these meetings.

### ALATEEN

Contact: (888) 425-2666

Fellowship for young people whose lives has been affected by alcoholism in a family member or close friends.

### ALCOHOLICS ANONYMOUS

Contact: (323) 936-4343

If you or someone you know have an alcohol problem, AA meetings are available to share with.

### COCAINE ANONYMOUS

Contact: (818) 760-8402

12 step program for people who seek recovery in cocaine addiction.

### CRYSTAL METH ANONYMOUS

Contact: (855) 638-4373

12 step program for people who seek recovery in crystal meth addiction.

### DEPRESSED ANONYMOUS

Contact: (502) 569-1989

12 step program seeks to prevent depression through education and by creating a support-ive caring community though support groups.

## COMMUNITY RESOURCE GUIDE – GLENDALE

### **DUAL RECOVERY ANONYMOUS**

Contact: (877) 742-7349

Provide support groups for those who have concurrent disorders. (Emotional or psychiatric illness together with drug or alcohol problem).

### **EMOTIONAL HEALTH ANONYMOUS**

Contact: (651) 647-9712

12 step program for recovery from mental and emotional illness.

### **GAMBLERS ANONYMOUS**

Contact: (855) 222-5542

12 step program for people who have a gambling problem.

### **MARIJUANA ANONYMOUS**

Contact: (800) 766-6779

12 step program for recovery from marijuana.

### **NAR-ANON FAMILY GROUPS**

Contact: (800) 477-6291

12 step program for families & friends of addicts.

### **NARCOTICS ANONYMOUS**

Contact: (323) 933-5395

If you have any drug problem, meetings are available to support your recovery.

### **NICOTINE ANONYMOUS**

Contact: (877) 879-6422

12 step program to help live a nicotine-free life.

### **OBSESSIVE COMPULSIVE**

Contact: (617) 973-5801

Provide support, assistance, and education.

### **SEXAHOLICS ANONYMOUS**

Contact: (866) 424-8777

12 step program to help those who believe they have a sex addiction and might want to change their behavior.

### **SMOKENDERS**

Contact: (800) 828-4357

Online 7 weekly session program to help you determine your specific smoking triggers and linkages and then shows you how to recognize these and reprogram yourself to quit.

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### ASCENCIA

Website: [www.ascenciaca.org](http://www.ascenciaca.org)

Services: Lifting people out of homelessness by providing emergency shelters, access centers, case management, transitional housing for homeless.

Contact: (818) 246-7900

Hours: Mon– Wed & Fri 7:00am– 4:00pm Thurs: 7:00pm– 2:00pm CLOSED last Friday of each month

Cost: \$0 for Homeless individuals who live in SPA 2

Location: 1851 Tyburn St. Glendale, CA 91204

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### ANGEL'S FLIGHT AT RISK YOUTH SERVICES

Website: [www.catholiccharitiesla.org](http://www.catholiccharitiesla.org)

Services: A 16 bed facility serving 10-17 years olds up to 21 says. Offer individual, group, and family counseling, telephone and crisis counseling. Supervised recreation, emergency food and clothing, community outreach and so much more at no cost.

Contact: (213) 413-2311

Hours: Open 24 hours

Languages: English & Spanish

Cost: \$0

Location: 1671 Beverly Blvd, Los Angeles, CA 90026

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### A COMMUNITY OF FRIENDS

Website: [www.acof.org](http://www.acof.org)

Services: Permanente affordable housing to homeless & mentally ill adults, and other special need populations

Contact: (213) 480-0809

Hours: Mon– Fri 9:00am– 5:00pm

Cost: \$0

Location: 3701 Wilshire Blvd, Suite 700 Los Angeles CA 90010

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### COVENANT HOUSE CALIFORNIA

Website: [www.covenanthousecalifornia.org](http://www.covenanthousecalifornia.org)

Services: Transitional program for youth. Include van outreach, health services, mental health services, substance abuse.

Contact: (323) 461-3131

Language: English and Spanish

Cost: \$0

Location: 1325 N. Western Ave. Hollywood, CA 90027

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### JOVENES, INC HOMELESS YOUTH ACCESS

Website: [www.jovenesinc.org](http://www.jovenesinc.org)

Services: Provides stable housing and emergency housing, along with other community-based services for 18-25 year olds to lead productive lives.

Contact: (323) 260-8035

Cost: You are able to stay in emergency shelter for free for up to 90 days, as they create and implement their individuals plans, job search etc.

Location: 1208 Pleasant Ave Los Angeles, CA 90033

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### LA FAMILY HOUSING

Website: [www.lafh.org](http://www.lafh.org)

Services: Provide temporary, permanent and supportive housing for the homeless.

Contact: (323) 264-1114

Hours: Mon-Fri 8:00am-4:30am

Cost: Free with referral

Location: 207 N. Breed St. Los Angeles, CA 90033

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### GOOD SHEPARD CENTER

Website: [www.gschomeless.org](http://www.gschomeless.org)

Services: Transitional residence for the homeless women and children preparing to re-enter the mainstream, job training, counseling, referrals.

Contact: (213) 235-1460

Cost: 30% of income

Hours: Mon– Friday 8:00am-5:00pm

Languages: English, Spanish & Vietnamese

Location: 1671 Beverly Blvd Los Angeles, CA 90026

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### GATEWAY PROJECT/UNION RESCUE MISSION

Website: [www.urm.org/services/gateway-project](http://www.urm.org/services/gateway-project)

Services: Provides 6 month transitional housing for single parents with children. Offers shelter, food, clothing, medical, dental, and mental health care.

Contact: (213) 347-6300

Cost: \$210 monthly fee

Location: 545 S. Pedro St. Los Angeles, CA 90013

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### **PUBLIC COUNSEL**

Website: [www.publiccounsel.org](http://www.publiccounsel.org)

Services: Provides representation to over 15,000 homeless individuals & families before administration agencies to secure shelter, clothing, food and other vital benefits.

Contact: (213) 385-2977

Hours: Mon-Fri 9:00am-12:30pm 1:30am-5:15pm

Cost: \$0

Location: 610 S. Ardmore St. Los Angeles, CA 90005

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### **SALVATION ARMY**

Website: [www.salvationarmyusa.org](http://www.salvationarmyusa.org)

Services: Group homes, emergency shelters, and transitional living centers provide housing, food, and overnight lodging for varying amounts of time to those in need.

Contact: (818) 246-5586

Language: Spanish & English

Hours: Mon-Fri for food ONLY 9:00am-12:00pm & 1:30pm-4:30pm CLOSED Wednesday

Cost: Referral Only

Location: 320 W. Windsor Ave. Glendale, CA 91204

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### **LAMP COMMUNITY**

Website: [www.lampcommunity.org](http://www.lampcommunity.org)

Services: Serving LA's most vulnerable homeless. Provide homes, showers and meals.

Contact: (213) 488-9559

Hours: Mon-Fri 8:00am-5:00pm

Cost: \$0

Location: 526 San Pedro St. Los Angeles, CA 90013

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### **PEOPLE ASSISTING THE HOMELESS**

Website: [www.epath.org/site/main.html](http://www.epath.org/site/main.html)

Services: PATH is a transitional housing program for men, women, families and those with special needs. Each program consists of transitional beds, services & facilities geared to individual needs. Access to program provides initial intake, needs assessment & referral services.

Contact: (323) 644-2216

Cost: \$0

Hours: Mon-Fri 8:00am-4:00pm

Location: 340 N. Madison Ave. Los Angeles, CA 90004

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### ALPHA TREATMENT– GLENDALE MEMORIAL HOSPITAL

Website: [www.dignityhealth.org/glendalememorial](http://www.dignityhealth.org/glendalememorial)

Services: Rehabilitation services. Offer chemical dependency treatments, detox and individual/group therapy

Contact: (818) 502-1900 EXT 4770

Location: Glendale Memorial Hospital and Health Center 1420 S. Central Ave. Glendale, CA 91204

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### AA WINDSOR CLUB

Website: [www.glendalewindsorclub.com](http://www.glendalewindsorclub.com)

Services: Meet with other group members / support group for Alcoholic's Anonymous. Have discussions towards their struggles and how they were able to overcome their addiction.

Contact: (818) 242-1350

Cost: No cost

Languages: English, Armenian, & Spanish

Hours: Open Mon-Fri (Discussion times vary) Call for more info.

Location: 123 W. Windsor Rd. Glendale, CA 91204

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### CHILDREN'S HOSPITAL LA - SAP

Website: [www.chla.org](http://www.chla.org)

Services: Screenings, Assessments, individual/ group therapy are offered to educate and prevent substance abuse.

Contact: (323) 361-2463

Cost: Family and group sessions are free for seniors and ages 10-25.

Hours: Tuesday from 8:30am-11:15am

Location: 5000 Sunset Blvd., Suite 701, 7th Floor, Los Angeles, CA 90027

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### ADDICTION COUNSELING - (PRIVATE PRACTICE)

Services: Benjamin Salazar is a private and licensed marriage family therapist. He specializes in chemical addictions & trauma for all ages.

Contact: (213) 448-5969 (Ask for Benjamin)

Cost: \$45 and up

Hours: Flexible (Weekends available)

Location: 1545 N. Verdugo, Suite 203 Glendale, CA 91208

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### **GLENDALE ADVENTIST MEDICAL CENTER**

Website: [www.adventisthealth.org](http://www.adventisthealth.org)

Services: GAADS program offer detoxifying treatments from drugs and alcohol abuse.

Contact: (818) 242-3116

Cost: Depends on insurance

Hours: Open 24 hours everyday of the week

Location: 1509 Wilson Terrace Glendale, CA 91206

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### **NEW INSIGHT PROGRAM**

Services: Drug and alcohol counseling, education and tobacco awareness for 18+. Drug division referred by court, don't do outpatient service.

Contact: (818) 242-2308

Cost: Depends on court

Hours: Court will schedule appointment

Location: 522 Broadway Blvd. Suite 101 Glendale, CA 91205

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### **CHRISTIAN ASSEMBLY CHURCH**

Website: [www.cachurch.com](http://www.cachurch.com)

Services: Offers a variety of faith-based recovery courses and groups. Areas covered: alcohol/substance addictions, sexual addictions, family of origin issues, survivors of sexual abuse, financial management, and effects from divorce. Call for meeting times.

Contact: (323) 255-1421

Cost: \$0

Hours: Sat 6:00pm & Sun 9:00am, 11:15am, 6:00pm

Location: 2424 Colorado Blvd, Los Angeles, CA 90041

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### **FRESH START**

Services: Offer detoxifying treatments from drugs and alcohol abuse.

Contact: (855) 734-2223

Cost: Depends on case

Hours: Mon-Fri 7:30am-6:00pm Sat & Sun 8:00am-4:00pm

Location: 225 Broadway St. Glendale, CA 91205



## COMMUNITY RESOURCE GUIDE – GLENDALE

### **PACIFIC CLINICS – SUBSTANCE ABUSE PROGRAM**

Website: [www.pacificclinics.org](http://www.pacificclinics.org)

Services: Provides drug alcohol treatment program, information and referral prevention. Individual therapy for adults and children.

Contact: (818) 547-9544

Cost: Only accept Medical

Hours: 9:00am-5:00pm

Location: 237 N. Central Ave Glendale, CA 91203

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### **SALVATION ARMY CORPS.**

Services: Restricted to Glendale Residents. Utility bill assistance with shut off notice.

Contact: (818) 246-5586

Hours: Mon-Fri 10:00am-4:00pm Closed 12:00pm-12:30pm

Location: 8413 Laurel Canyon Blvd Sun Valley, CA 91352

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### **GLENDALE WATER AND POWER**

Services: Restricted to Glendale residents. Electricity bill assistance for low income residents. Discounts are given to those with lifesaving equipment.

Contact: (818) 548-3300

Hours: Mon-Thurs 7:30am-5:30pm Fri 8:00am-5:00pm

Location: 141 N. Glendale Ave. Glendale, CA 91206

Learn More About Our Services at:  
[www.vidafamilypractice.com](http://www.vidafamilypractice.com)